



**Standard First Aid CPR A or C + AED**

**Register now**

This two day course is for individuals who require more comprehensive information on first aid and CPR for the workplace, educational institution or personal interest reasons. This course meets Canadian Labour Code and Ontario First Aid Regulation 1101 for workplaces with more than 5 employees. This interactive program includes CPR training for adults, infants and children, 2 person CPR as well as automated external defibrillation (AED). Certificates valid for three years are issued upon successful completion.

Nationally recognized certificates, students are advised to renew their CPR training each year. Renewal courses are available. Course Reference Material is included.

**CPR Level A** (Adults only)

**CPR Level C** (Adults, infants & children)

OCTOBER	DAY	TIME	LOCATION
9,10	Wed,Thu	8:30 AM - 4:30 PM	32 CAMBRIDGE ST. S, LINDSAY
19,20	Sat,Sun	8:30 AM - 4:30 PM	32 CAMBRIDGE ST. S, LINDSAY
NOVEMBER	DAY	TIME	LOCATION
6,7	Wed,Thu	8:30 AM - 4:30 PM	32 CAMBRIDGE ST. S, LINDSAY
16,17	Sat,Sun	8:30 AM - 4:30 PM	32 CAMBRIDGE ST. S, LINDSAY
DECEMBER	DAY	TIME	LOCATION
11,12	Wed,Thu	8:30 AM - 4:30 PM	32 CAMBRIDGE ST. S, LINDSAY
14,15	Sat,Sun	8:30 AM - 4:30 PM	32 CAMBRIDGE ST. S, LINDSAY
JANUARY	DAY	TIME	LOCATION
14,15	Tue,Wed	8:30 AM - 5:00 PM	32 CAMBRIDGE ST. S, LINDSAY
18,19	Sat,Sun	8:30 AM - 4:30 PM	32 CAMBRIDGE ST. S, LINDSAY
FEBRUARY	DAY	TIME	LOCATION
5,12	Wed	8:30 AM - 4:30 PM	32 CAMBRIDGE ST. S, LINDSAY
8,9	Sat,Sun	8:30 AM - 4:30 PM	32 CAMBRIDGE ST. S, LINDSAY
MARCH	DAY	TIME	LOCATION
7,8	Sat,Sun	8:30 AM - 4:30 AM	32 CAMBRIDGE ST. S, LINDSAY
18,19	Wed,Thu	8:30 AM - 4:30 PM	32 CAMBRIDGE ST. S, LINDSAY
28,29	Sat,Sun	8:30 AM - 4:30 PM	32 CAMBRIDGE ST. S, LINDSAY
APRIL	DAY	TIME	LOCATION
15,22	Wed	8:30 AM - 4:30 PM	32 CAMBRIDGE ST. S, LINDSAY
25,26	Sat,Sun	8:30 AM - 4:30 PM	32 CAMBRIDGE ST. S, LINDSAY

**Standard First Aid CPR A or C + AED Renewal**

**Register now**

This one-day renewal course is for individuals wishing to renew their St. John Ambulance Standard First Aid Level A or C & AED certificates. Renewals are permitted for certifications which have not yet expired. For on-going renewals, this course must be alternated with the full 2 day Standard level course. Certificates valid for three years are issued upon successful completion. Participants are strongly advised to review their material before attending in order to ensure successful completion. Manual is not included.

OCTOBER	DAY	TIME	LOCATION
29	Tue	8:30 AM - 5:00 PM	32 CAMBRIDGE ST. S, LINDSAY
NOVEMBER	DAY	TIME	LOCATION
27	Wed	8:30 AM - 5:00 PM	32 CAMBRIDGE ST. S, LINDSAY
DECEMBER	DAY	TIME	LOCATION
19	Thu	8:30 AM - 5:00 PM	32 CAMBRIDGE ST. S, LINDSAY
JANUARY	DAY	TIME	LOCATION
22	Wed	8:30 AM - 5:00 PM	32 CAMBRIDGE ST. S, LINDSAY
FEBRUARY	DAY	TIME	LOCATION
24	Mon	8:30 AM - 5:00 PM	32 CAMBRIDGE ST. S, LINDSAY
MARCH	DAY	TIME	LOCATION
24	Tue	8:30 AM - 5:00 PM	32 CAMBRIDGE ST. S, LINDSAY
APRIL	DAY	TIME	LOCATION
23	Thu	8:30 AM - 5:00 PM	32 CAMBRIDGE ST. S, LINDSAY

**Standard First Aid CPR A or C + AED Blended**

This blended training that combines computer based theory training with practical in-class training is for individuals who require more comprehensive information on first aid and CPR for the workplace, educational institution or personal interest reasons. This course meets Canadian Labour Code and Ontario First Aid Regulation 1101 for workplaces with more than 5 employees. This interactive program includes CPR training for adults, infants and children, 2 person CPR as well as automated external defibrillation (AED). Certificates valid for three years are issued upon successful completion.

OCTOBER	DAY	TIME	LOCATION
29	Tue	8:30 AM - 5:00 PM	32 CAMBRIDGE ST. S, LINDSAY
NOVEMBER	DAY	TIME	LOCATION
27	Wed	8:30 AM - 5:00 PM	32 CAMBRIDGE ST. S, LINDSAY
DECEMBER	DAY	TIME	LOCATION
19	Thu	8:30 AM - 5:00 PM	32 CAMBRIDGE ST. S, LINDSAY
JANUARY	DAY	TIME	LOCATION
22	Wed	8:30 AM - 5:00 PM	32 CAMBRIDGE ST. S, LINDSAY
FEBRUARY	DAY	TIME	LOCATION
24	Mon	8:30 AM - 5:00 PM	32 CAMBRIDGE ST. S, LINDSAY
MARCH	DAY	TIME	LOCATION
24	Tue	8:30 AM - 5:00 PM	32 CAMBRIDGE ST. S, LINDSAY
APRIL	DAY	TIME	LOCATION
23	Thu	8:30 AM - 5:00 PM	32 CAMBRIDGE ST. S, LINDSAY

**Standard First Aid + Basic Life Support (BLS-HCP) CPR**

**Register now**

This two day course is geared towards health care providers that require more comprehensive information on First Aid and CPR for the workplace or work in a medical response environment or hospital settings. This interactive program includes CPR training for adults, infants and children, 2 person CPR, automated external defibrillation (AED), artificial respiration, bag-valve mask use and pulse checks. Certificates valid for three years are issued upon successful completion.

JANUARY	DAY	TIME	LOCATION
17,19	Fri,Sun	8:30 AM - 5:00 PM	32 CAMBRIDGE ST. S, LINDSAY

**Emergency First Aid CPR A or C + AED**

This one day course is for individuals who require basic information on first aid and CPR for the workplace, educational institution or personal interest reasons. This course meets Canadian Labour Code and Ontario First Aid Regulation 1101 for workplaces with less than 5 employees. This interactive program includes CPR training for adults, infants and children, 2 person CPR as well as automated external defibrillation (AED). Certificates valid for 3 years are issued upon successful completion.

**CPR Level A** (adults only) – 8:30 AM – 5:00 PM

**CPR Level C** (adults, infants & children) - 8:30 AM – 5:30 PM

OCTOBER	DAY	TIME	LOCATION
9	Wed	8:30 AM - 5:30 PM	Victoria Park Armoury - Kawartha Branch Office
19	Sat	8:30 AM - 5:30 PM	32 CAMBRIDGE ST. S, LINDSAY

NOVEMBER	DAY	TIME	LOCATION
6	Wed	8:30 AM - 5:30 PM	32 CAMBRIDGE ST. S, LINDSAY
16	Sat	8:30 AM - 5:30 PM	32 CAMBRIDGE ST. S, LINDSAY

DECEMBER	DAY	TIME	LOCATION
11	Wed	8:30 AM - 5:30 PM	32 CAMBRIDGE ST. S, LINDSAY
14	Sat	8:30 AM - 5:30 PM	32 CAMBRIDGE ST. S, LINDSAY

JANUARY	DAY	TIME	LOCATION
14	Tue	8:30 AM - 5:30 PM	32 CAMBRIDGE ST. S, LINDSAY
18	Sat	8:30 AM - 5:00 PM	32 CAMBRIDGE ST. S, LINDSAY

FEBRUARY	DAY	TIME	LOCATION
5	Wed	8:30 AM - 5:30 PM	32 CAMBRIDGE ST. S, LINDSAY
8	Sat	8:30 AM - 5:00 PM	32 CAMBRIDGE ST. S, LINDSAY

MARCH	DAY	TIME	LOCATION
7	Sat	8:30 AM - 5:30 PM	32 CAMBRIDGE ST. S, LINDSAY
18	Wed	8:30 AM - 5:30 PM	32 CAMBRIDGE ST. S, LINDSAY
28	Sat	8:30 AM - 5:30 PM	32 CAMBRIDGE ST. S, LINDSAY

APRIL	DAY	TIME	LOCATION
15	Wed	8:30 AM - 5:00 PM	32 CAMBRIDGE ST. S, LINDSAY
25	Sat	8:30 AM - 5:00 PM	32 CAMBRIDGE ST. S, LINDSAY

**CPR Level A + AED**

**Register now**

This course provides comprehensive CPR training for general public interest or workplace requirements. Students will learn the responsibilities of a First Aid provider and the skills to provide assistance in the event of a cardiac emergency, choking or stroke for adults. Certificate issued upon successful completion.

OCTOBER	DAY	TIME	LOCATION
9	Wed	8:30 AM - 12:30 PM	Victoria Park Armoury - Kawartha Branch Office
19	Sat	8:30 AM - 12:30 PM	32 CAMBRIDGE ST. S, LINDSAY

  

NOVEMBER	DAY	TIME	LOCATION
6	Wed	8:30 AM - 12:30 PM	32 CAMBRIDGE ST. S, LINDSAY
16	Sat	8:30 AM - 12:30 PM	32 CAMBRIDGE ST. S, LINDSAY

  

DECEMBER	DAY	TIME	LOCATION
11	Wed	8:30 AM - 12:30 PM	32 CAMBRIDGE ST. S, LINDSAY
14	Sat	8:30 AM - 12:30 PM	32 CAMBRIDGE ST. S, LINDSAY

**CPR Level A OR C + AED – Renewal**

This renewal course provides comprehensive CPR training for general public interest or workplace requirements. Students will learn the responsibilities of a First Aid provider and the skills to provide assistance in the event of a cardiac emergency, choking or stroke for adults, infants or children as well as 2 persons CPR. Certificate issued upon successful completion.

**CPR Level A** (adults only) - 6:00 pm - 8:00 pm

**CPR Level C** (adults, infants or children) - 6:00 pm - 9:30 pm

OCTOBER	DAY	TIME	LOCATION
30	Wed	6:00 PM - 9:30 PM	32 CAMBRIDGE ST. S, LINDSAY

  

NOVEMBER	DAY	TIME	LOCATION
25	Mon	6:00 PM - 9:30 PM	32 CAMBRIDGE ST. S, LINDSAY

  

DECEMBER	DAY	TIME	LOCATION
18	Wed	6:00 PM - 9:30 PM	32 CAMBRIDGE ST. S, LINDSAY

  

JANUARY	DAY	TIME	LOCATION
27	Mon	6:00 PM - 9:30 PM	32 CAMBRIDGE ST. S, LINDSAY

  

FEBRUARY	DAY	TIME	LOCATION
19	Wed	6:00 PM - 9:30 PM	32 CAMBRIDGE ST. S, LINDSAY

  

MARCH	DAY	TIME	LOCATION
30	Mon	6:00 PM - 9:30 PM	32 CAMBRIDGE ST. S, LINDSAY

  

APRIL	DAY	TIME	LOCATION
28	Tue	6:00 PM - 9:30 PM	32 CAMBRIDGE ST. S, LINDSAY

**CPR Basic Life Support (BLS-HCP) )**

This course is geared towards health care providers that work in a medical response environment or hospital setting. Additions to the curriculum include two-rescuer CPR, bag-valve mask use, artificial respiration and pulse checks. Certificate issued upon successful completion.

*Please call for course dates*

**CPR Basic Life Support (BLS-HCP) Renewal**

This renewal course is geared towards health care providers that work in a medical response environment or hospital setting. Additions to the curriculum include two-rescuer CPR, bag-valve mask use, artificial respiration and pulse checks. Certificate issued upon successful completion.

*Please call for course dates*

**Babysitting Basics**

**Register now**

A St. John Ambulance course developed for youth ages 11 – 15

This course provides New Babysitters with the necessary skills to provide care to children in a variety of situations.

This course emphasises:

- Safety rules
- Responding to Emergencies; and,
- Development of Leadership Skills

Course content includes:

- Become a successful babysitter
- How to care for Infants, Toddler and School aged children; including (healthy meals, safe play, diapers, bedtime routines and much more).
- How to make the correct decisions when dealing with the behaviour of children
- Handling Emergencies
- Caring for a sick or injured child
- Prevention and basic First Aid – Choking, CPR, Head Injuries, poisonings, Burns and much more.

Take home Materials: Babysitters Manual, Babysitting Certificate and a small babysitting First aid kit.

OCTOBER	DAY	TIME	LOCATION
5	Sat	9:00 AM - 4:00 PM	Victoria Park Armoury - Kawartha Branch Office
NOVEMBER	DAY	TIME	LOCATION
23	Sat	9:00 AM - 4:00 PM	32 CAMBRIDGE ST. S, LINDSAY
FEBRUARY	DAY	TIME	LOCATION
22	Sat	9:00 AM - 4:00 PM	32 CAMBRIDGE ST. S, LINDSAY
MAY	DAY	TIME	LOCATION
2	Sat	9:00 AM - 4:00 PM	32 CAMBRIDGE ST. S, LINDSAY

**Pet First Aid**

**Register now**

Good first aid knowledge can help to save your pet's life, reduce the potential for increased injury and promote fast recovery. First aid is not a replacement for going to your vet, but handling emergency situations properly right at the beginning can help you recognize problems early and act on them quickly. Each student will receive a St. John Ambulance Pet First Aid reference guide with over 50 pages of information and full colour illustrations. Participation certificates issued upon successful completion.

NOVEMBER	DAY	TIME	LOCATION
30	Sat	8:30 AM - 4:30 PM	32 CAMBRIDGE ST. S, LINDSAY

**Location Map**

**Lindsay – 32 Cambridge St. S. Lindsay, ON K9V 3B8**

